



Meet Amanda Williams

Bachelors in Health Sciences and Masters in Occupational Therapy both at The College of St. Scholastica in Duluth Minnesota, Certified Lymphedema Specialist

4.5 years with North Arkansas Regional Medical Center

What made you decide to become an Occupational Therapist? When I was 6 years old, my mom was in a car accident and sustained a TBI. She had to re-learn how to walk, talk, dress herself, get herself to the bathroom; basically she had to re-learn how to live. I remember being a part of her therapy sessions and really enjoyed being with her during the Occupational Therapy sessions. As I grew older, this memory stayed with me and I decided that Occupational Therapy was what I wanted to do.

When I was in college, there was some mention of lymphedema in my classes, but not what it was about. When I started my very first job, the therapist that I was taking over for had a certification in lymphedema and asked if this was something that I would be interested in. I did some research and decided that this was very much an area that I would like to pursue, so I obtained my certification in lymphedema treatment.

Specialty/Area of Focus: Upper Extremity (UE) Ortho, Stroke Rehab, Lymphedema, Dry Needling of UE, Neuro Rehab, Pediatrics, UE weakness, UE Pain, Wheelchair Evaluations - Seating and Mobility

Favorite Part of Becoming an Occupational Therapist: Getting to meet new people and helping them regain their quality of life.

Fun Fact About Yourself: My family is my life. I have been married to my husband for 13 years. I have one biological child who is 9 years old and 2 step children who are 22 and 24 years old.



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Physical, Occupational, and Speech Therapy

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