



**North Arkansas
Regional Medical Center**

We're Here for Life.

620 N. Main, Harrison, AR • 870-414-4000
www.narmc.com

Dear Potential Safe Sitter Participant,

We are happy that you have decided to attend the Safe Sitter workshop scheduled for July 20, 2010. Attached are the Registration Form and Safe Sitter Student Contract for you to download and fill out.

Once you have filled out the required paperwork, mail or drop off the documents with your payment of \$50 for the course. Due to the limited size of the class the first received and first paid applications will be honored.

Make checks payable to & return to:

North Arkansas Regional Medical Center
Attn: Office of Employee Education & Training
620 N. Main Street
Harrison, AR 72601

If you have any questions feel free to call us at 870-414-4394 or email:
Lucile.Tindol@narmc.com.

Sincerely,

Lucy Tindol

Language Services



Safe Sitter® Student Contract

The Safe Sitter® course is a medically accurate child care course developed especially for 11-to-13- year-olds. Safe Sitter® teaches you the skills you need to safely care for children — infants through school age. We want your Safe Sitter® class to be a positive experience for you! We want you to know what to expect from us when you take the class and we want you to know what we expect from you. With those points in mind, please read the following ground rules for the Safe Sitter® class.

1. **Attendance.** There is a lot to learn in a fairly short time so it's important to come to all sessions, be on time, and stay until the end of class. If this is not possible, you should reschedule for another class.
2. **Respect for property and equipment.** The class will be fun and the atmosphere relaxed if students remember that the space and the equipment must be treated with respect — no running, rough play, loud noises.
3. **Respect for others.** You have a great opportunity to meet new people and develop friendships. We will expect you to think of the feelings of others — no teasing or put-downs.
4. **Keeping track of your materials.** Your Safe Sitter® Manual was written by Dr. Patricia Keener, the pediatrician who started the Safe Sitter® program. Not only will you use it during the class, you will want to take it with you when you babysit. Please write your name on your Manual and be sure to bring it back to each class session. Since you will use it around children, make sure that any drawings or writings you put on your materials are appropriate for young children.
5. **Emergency contact.** It is important for your parent to be able to reach you in case of an emergency. If your parent does not have the emergency contact number for the classroom, it is permissible to bring a cell phone or pager. You can check for messages at lunch or after class. Please be sure that any electronic devices brought to class do not distract anyone during the class.

Safe Sitter® classes are always lots of fun for everyone. The ground rules are meant to help guarantee that fun. Please consider these rules and sign below if you are willing to abide by them.

I understand the importance of Safe Sitter's ground rules. I agree to follow them in class.

Student signature

Date