



Date \_\_\_\_\_

Course \_\_\_\_\_

Lead Instructor \_\_\_\_\_

**Course Participants**

<i>Name and Email</i> <i>Please PRINT as you wish your name to appear on your card.</i> <i>Please print email address legibly.</i>	<i>Address/Telephone</i>	<i>Complete/ Incomplete</i>	<i>Remediation/ Date Completed (if applicable)</i>	<i>Test Grade</i>
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10.				

# BLS for Healthcare Providers Course

## 1- and 2-Rescuer Adult BLS With AED Skills Testing Sheet



See 1- and 2-Rescuer Adult BLS With AED Skills Testing Criteria and Descriptors on next page

Student Name: \_\_\_\_\_ Test Date: \_\_\_\_\_

CPR Skills (circle one):	Pass	Needs Remediation
AED Skills (circle one):	Pass	Needs Remediation

Skill Step	Critical Performance Criteria	✓ If done correctly
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**1-Rescuer Adult BLS Skills Evaluation**  
 During this first phase, evaluate the first rescuer's ability to initiate BLS and deliver high-quality CPR for 5 cycles.

<b>1</b>	ASSESSSES: Checks for response and for no breathing or no normal breathing, only gasping (at least 5 seconds but no more than 10 seconds)	
<b>2</b>	ACTIVATES emergency response system	
<b>3</b>	Checks for PULSE (no more than 10 seconds)	
<b>4</b>	GIVES HIGH-QUALITY CPR:	
	• Correct compression HAND PLACEMENT	Cycle 1:
	• ADEQUATE RATE: At least 100/min (ie, delivers each set of 30 chest compressions in 18 seconds or less)	Cycle 2: Time:
	• ADEQUATE DEPTH: Delivers compressions at least 2 inches in depth (at least 23 out of 30)	Cycle 3:
	• ALLOWS COMPLETE CHEST RECOIL (at least 23 out of 30)	Cycle 4:
	• MINIMIZES INTERRUPTIONS: Gives 2 breaths with pocket mask in less than 10 seconds	Cycle 5:

**Second Rescuer AED Skills Evaluation and SWITCH**  
 During this next phase, evaluate the second rescuer's ability to use the AED and both rescuers' abilities to switch roles.

<b>5</b>	DURING FIFTH SET OF COMPRESSIONS: Second rescuer arrives with AED and bag-mask device, turns on AED, and applies pads	
<b>6</b>	First rescuer continues compressions while second rescuer turns on AED and applies pads	
<b>7</b>	Second rescuer clears victim, allowing AED to analyze—RESCUERS SWITCH	
<b>8</b>	If AED indicates a shockable rhythm, second rescuer clears victim again and delivers shock	

**First Rescuer Bag-Mask Ventilation**  
 During this next phase, evaluate the first rescuer's ability to give breaths with a bag-mask.

<b>9</b>	Both rescuers RESUME HIGH-QUALITY CPR immediately after shock delivery:	Cycle 1	Cycle 2
	• SECOND RESCUER gives 30 compressions immediately after shock delivery (for 2 cycles)		
	• FIRST RESCUER successfully delivers 2 breaths with bag-mask (for 2 cycles)		

**AFTER 2 CYCLES, STOP THE EVALUATION**

- If the student completes all steps successfully (a ✓ in each box to the right of Critical Performance Criteria), the student passed this scenario.
- If the student does not complete all steps successfully (as indicated by a blank box to the right of any of the Critical Performance Criteria), give the form to the student for review as part of the student's remediation.
- After reviewing the form, the student will give the form to the instructor who is reevaluating the student. The student will reperform the entire scenario, and the instructor will notate the reevaluation on this same form.
- If the reevaluation is to be done at a different time, the instructor should collect this sheet before the student leaves the classroom.

Instructor Signature: _____ Print Instructor Name: _____ Date: _____	<b>Remediation (if needed):</b> Instructor Signature: _____ Print Instructor Name: _____ Date: _____
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# BLS for Healthcare Providers Course

## 1- and 2-Rescuer Infant BLS Skills Testing Sheet



See 1- and 2-Rescuer Infant BLS Skills Testing Criteria and Descriptors on next page

Student Name: \_\_\_\_\_ Test Date: \_\_\_\_\_

1-Rescuer BLS and CPR Skills (circle one):	Pass	Needs Remediation
2-Rescuer CPR Skills		
Bag-Mask (circle one):	Pass	Needs Remediation
2 Thumb-Encircling Hands (circle one):	Pass	Needs Remediation

Skill Step	Critical Performance Criteria	✓ if done correctly
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**1-Rescuer Infant BLS Skills Evaluation**  
 During this first phase, evaluate the first rescuer's ability to initiate BLS and deliver high-quality CPR for 5 cycles.

<b>1</b>	ASSESSSES: Checks for response and for no breathing or only gasping (at least 5 seconds but no more than 10 seconds)		
<b>2</b>	Sends someone to ACTIVATE emergency response system		
<b>3</b>	Checks for PULSE (no more than 10 seconds)		
<b>4</b>	GIVES HIGH-QUALITY CPR:		
	• Correct compression FINGER PLACEMENT	Cycle 1:	
	• ADEQUATE RATE: At least 100/min (ie, delivers each set of 30 chest compressions in 18 seconds or less)	Cycle 2:	Time:
	• ADEQUATE DEPTH: Delivers compressions at least one third the depth of the chest (approximately 1½ inches [4 cm]) (at least 23 out of 30)	Cycle 3:	
	• ALLOWS COMPLETE CHEST RECOIL (at least 23 out of 30)	Cycle 4:	
	• MINIMIZES INTERRUPTIONS: Gives 2 breaths with pocket mask in less than 10 seconds	Cycle 5:	

**2-Rescuer CPR and SWITCH**  
 During this next phase, evaluate the FIRST RESCUER'S ability to give breaths with a bag-mask and give compressions by using the 2 thumb-encircling hands technique. Also evaluate both rescuers' abilities to switch roles.

<b>5</b>	DURING FIFTH SET OF COMPRESSIONS: Second rescuer arrives with bag-mask device. RESCUERS SWITCH ROLES.		
<b>6</b>	Both rescuers RESUME HIGH-QUALITY CPR:	Cycle 1	Cycle 2
	• SECOND RESCUER gives 15 compressions in 9 seconds or less by using 2 thumb-encircling hands technique (for 2 cycles)	X	X
	• FIRST RESCUER successfully delivers 2 breaths with bag-mask (for 2 cycles)		

**AFTER 2 CYCLES, PROMPT RESCUERS TO SWITCH ROLES**

<b>7</b>	Both rescuers RESUME HIGH-QUALITY CPR:	Cycle 1	Cycle 2
	• FIRST RESCUER gives 15 compressions in 9 seconds or less by using 2 thumb-encircling hands technique (for 2 cycles)	Time:	Time:
	• SECOND RESCUER successfully delivers 2 breaths with bag-mask (for 2 cycles)	X	X

**AFTER 2 CYCLES, STOP THE EVALUATION**

- If the student completes all steps successfully (a ✓ in each box to the right of Critical Performance Criteria), the student passed this scenario.
- If the student does not complete all steps successfully (as indicated by a blank box to the right of any of the Critical Performance Criteria), give the form to the student for review as part of the student's remediation.
- After reviewing the form, the student will give the form to the instructor who is reevaluating the student. The student will reperform the entire scenario, and the instructor will notate the reevaluation on this same form.
- If the reevaluation is to be done at a different time, the instructor should collect this sheet before the student leaves the classroom.

Instructor Signature: _____ Print Instructor Name: _____ Date: _____	<b>Remediation (if needed):</b> Instructor Signature: _____ Print Instructor Name: _____ Date: _____
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Course Date: \_\_\_\_\_ Location: \_\_\_\_\_

Instructor: \_\_\_\_\_ Length: \_\_\_\_\_

## Course Evaluation

**Instructions:** Please take a moment to complete this evaluation of the course in which you just participated.  
We want to provide excellent courses and we value your opinion.

**Course Completed:**

BLS Healthcare Provider  BLS Renewal Online  Heartsaver First Aid  ACLS  PALS

*Using the following scale, please rate the statements.*

	1	2	3	4	5
	Poor	Below Average	Average	Above Average	Excellent
1. Your overall impression of the course.	1	2	3	4	5
2. The course objectives were met by the presenter(s).	1	2	3	4	5
3. There was an adequate supply of equipment that was clean, sanitary, and in good working order.	1	2	3	4	5
4. There were adequate and appropriate physical facilities for this course.	1	2	3	4	5
5. Instructor(s) presented materials with knowledge and clarity.	1	2	3	4	5
6. Instructor(s) provided adequate and helpful feedback.	1	2	3	4	5
7. Was the video or online learning useful to the learning experience.	1	2	3	4	5
8. Now that you have completed a CPR course, rate yourself on how well you could perform CPR or help a choking victim.	1	2	3	4	5

Comments: \_\_\_\_\_

Additional comments can be forwarded to:

North Arkansas Regional Medical Center,  
Office of Employee Education & Training  
620 North Main Street, Harrison, AR 72601  
Telephone: 870-414-4098 or 870-414-4592  
Email: [Education@narmc.com](mailto:Education@narmc.com)

The American Heart Association strongly promotes knowledge and proficiency in BLS, ACLS and PALS and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the American Heart Association. Any fees charged for such a course, except for a portion of fees needed for AHA course material, do not represent income to the Association.